

Financial Wellness Bingo

Want to improve your finances in a fun and simple way?
Get a BINGO and fill out the corresponding reflection! Then, bring it into our
office for a
\$5 giftcard to Two Creek!
No due date. Complete at your own pace.

PAY OFF SOME DEBT YOU MAY HAVE	LOOK OVER PAST 2 MONTHS' SPENDING	FOLLOW US ON INSTAGRAM @UOFU_FINANCIALWELLNESS	APPLY FOR A SCHOLARSHIP, OR JUST START FILLING ONE OUT!	POSITIVE MONEY MANTRA
OPEN UP A SAVINGS ACCOUNT	WRITE OUT 3 S.M.A.R.T. FINANCIAL WELLNESS GOALS	MAKE AN APPT. WITH OUR OFFICE	LOOK OVER SUBSCRIPTIONS AND CANCEL ANY YOU DON'T NEED	CLOSE YOUR EYES AND VISUALIZE YOUR \$ GOALS BEING ACHIEVED
MAKE AN APPT. W OUR OFFICE	MAKE A CREDIT COUNSELING APPT. W OUR OFFICE	<i>Free</i>	CREATE A BUDGET (DOUBLE UP BY DOING THIS IN YOUR APPT)	START AN EMERGENCY FUND
WRITE DOWN 3 THINGS YOU'RE PROUD OF YOURSELF FOR REGARDING \$	CATEGORIZE YOUR SAVINGS ACCOUNTS	COME TO ONE OF OUR WORKSHOPS	SET UP AUTOMATIC TRANSFERS TO A SAVINGS ACCOUNT	SET UP AN AUTOMATIC TRANSFER, BILL PAY, ETC.
TELL A FRIEND ABOUT OUR OFFICE!	MAKE AN APPT. W OUR OFFICE	SIGN UP FOR OUR NEWSLETTER	READ A FINANCIAL ARTICLE OR LISTEN TO A PODCAST	REPOST SOMETHING FROM OUR INSTA!

Just you wanting to do this bingo challenge is a huge first step in taking charge of your financial health (or improving it!), even if it may not feel like it.
You are doing amazing work for yourself and for your future.



FINANCIAL
WELLNESS CENTER
THE UNIVERSITY OF UTAH

post-financial wellness\$ Bingo Reflection

Once you earn a BINGO, fill out this worksheet and stop by the office to show us and get your Two Creek card. Throughout your bingo, email Elsa @ eosborne@sa.utah.edu or Instagram DM for help or if questions arise.

Name:

uNID:

What was the most impactful activity you did from the bingo, and why? What did you learn?

How did you feel about your financial health prior to bingo, and how do you feel now? There are no wrong answers. If you changed a lot, awesome! What do you think caused that change? If nothing changed, reflect on that, and why that might be.

On a scale from 0-10 , how happy were you with your financial health before, and what about now? (0=no idea where to start, didn't care about my money, 5=some satisfaction with my finances, some areas not, and 10=super financially healthy, I'm all set and confident in my ability to manage my money)

What next steps do you want to take to maintain or build your financial health? What is the first step you need to take to get there? (some words to use in this reflection activity: start, keep, stop, or improve at)

You did it! Thanks for playing bingo with us, and, more importantly, thank yourself for putting in the work to better your present and future self. Keep up the amazing work toward reaching your financial goals. We see you!